Delegate Char

Greetings Area World Service Committee members!

As I complete my term as your Panel 59 Alternate Delegate, I'm experiencing a mix of thoughts and emotions. Some of these are connected to my character defect of *over thinking what I didn't accomplish vs what I was able to*. Others are connected to my upcoming service as your Georgia Area Delegate. As always, our Steps, Traditions and Concepts and sharing with my sponsors, offers me a place to begin to put all of these into perspective. As I frequently share, *When I Got Busy, I Got Better* (p-78) is my go-to piece of literature that helps me to remember "service and recovery are <u>not</u> independent of each other but are part of the spiritual awakening' (p.2). I hope I remember this as I serve my term as your Delegate. I want to always be on the lookout within the Area, at World Service Conference, in Area meetings, interacting with members, etc., for those recovery opportunities *while* I'm serving.

The 2018-2019 Al-Anon/Alateen Service Manual outlines the duties of the World Service Delegate "At the World Service Conference () as well as "In the Area" (p.147). At the World Service Conference the Area Delegate serves as the "channel through which information flows in order for the group conscience of Al-Anon be informed and to work effectively" (p. 146). During my term as your Delegate, my hope is to be this "information channel" first in our Area, by listening to the ESH of groups and districts so I can be a "bridge of understanding that links groups to the Area with world Al-Anon so they can continue to function [and grow] in unity" p.147. By being this "bridge" I can effectively "bring the Area's viewpoint on matters affecting the entire fellowship to the World Service Conference."

As we say in Al-Anon, this is a "we" program, not a "me" program. So, in order for me to be an effective "bridge" I will need your support. I will be seeking to hear your ESH for your groups, districts and for our Area so together we can strengthen Georgia Al-Anon/Alateen in service to our personal recovery, but also in service to keeping the rooms open for those who have yet to hear our message of hope.

It has been such a blessing to serve as your Alternate Delegate; the service/recovery journey continues as your Georgia Area Delegate.

My heartfelt thanks for entrusting me with this responsibility to keep Georgia connected, healthy and thriving.

Yours In Service, Char Green Fareed Georgia Area Alternate Delegate – Panel 59, Delegate --Panel 62