

# ***Georgia Al-Anon Central Services Office Needs You!!!***

**Helpline volunteers are often the first Al-Anon member to speak to someone in crisis about our program.**

**Remember how frightening it was as a newcomer to pick up the phone and ask for help? It takes a lot of courage. The opportunity to hear about the program from someone who's been there may well influence the caller to seek recovery in Al-Anon, and therein lies the reward for all.**

***Every time you answer a call, you are "Letting it begin with me."***

## ***What's Required to Volunteer***

- ❖ **Minimum of 6 months in Al-Anon.**
- ❖ **Regularly attend meetings.**
- ❖ **Commit to answer calls for one week each month, along with four other volunteers.**
- ❖ **Have a computer with internet service or a cell phone.**
- ❖ **Be comfortable navigating [ga-al-anon.org](http://ga-al-anon.org) for meeting information.**

**Sign up for training at [gacsvolunteers@gmail.com](mailto:gacsvolunteers@gmail.com) or call 478-254-3414 and leave your contact information**