



# GEORGIA ON TRACK

November 2018

## AREA OFFICER REPORTS

### Area Delegate's Report

### *In Al-Anon There Is No Standing Still.*



Dear Georgia Al-Anon Family,

Thank you for the opportunity to serve as your Area Delegate over the past three years. Your understanding, cooperation, love and support have provided me with the courage to serve. There are no words to adequately describe this experience. At times it has been challenging as well as rewarding. It has given me the opportunity to grow closer to my Higher Power and grow in spiritual understanding.

It is through service that my Higher Power has allowed me to help others and to gain insights into the person He created me to be. My understanding of what it means to be a part of this beautiful worldwide fellowship has deepened. Listening to others from across the

United States and Canada has opened my eyes as to how similar all of us are. I grew to appreciate those who had differing opinions as it broadened my perspective. Their voices opened my mind to greater understanding and compassion. I learned I didn't know it all and there were countless ways to do things. When I reached out for help someone was always there willing to assist.

In Georgia Al-Anon we have had meaningful and insightful conversations. We openly discussed topics such as "Fears and Barriers vs. Spirituality in Financial Matters", our literature including "The Prayer for Today", and "Acceptance of Communities, Cultures and Beliefs". Through these discussion at the Area level and at World Service Conference, I gained a deeper appreciation of what it means to listen with an open heart and mind. I experienced what it means to give and receive mutual respect.

Georgia Al-Anon members had fun getting our creative juices flowing by making piggy banks and auctioning them off to raise money in support of our World Service Office. This fund raiser ignited the spirit of participation and harmony from the groups, to the Districts, our Area and to Al-Anon worldwide.

My life has been enriched through kind and loving friendships I never could have imagined. Man has yet to provide words to adequately describe things of the spirit. It is through the experience of serving as your Area Delegate that my heart is overflowing with love, my spirit has been filled with joy and I am at peace. May the love and peace of the program grow in you one day at a time.

With a grateful heart,  
Renelle M.  
Georgia Delegate Panel 56

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## **Alternate Delegate's Report**

I am so excited to welcome Char F. as Georgia's new incoming Alternate Delegate for Panel 59 (2019-2021). Char has previous service experience as our Georgia Al-Anon Central Service Office Chairperson and is also a past WSO Trustee (2011-2014). We are so fortunate to have her continued experience, strength, and hope in our next panel! Char has asked Philip A. (our outgoing Literature Coordinator from panel 56) to share his story with us at our January Assembly's Saturday night speaker meeting. Thank you to District 9 for volunteering to host registration and the Saturday afternoon discussion meeting for January's Assembly. Thank you also to Districts 13 and 16 for volunteering to host the hospitality room then.



Thank you to everyone who submitted shares to *The Forum* for our writing challenge this year. It was great to see so many Georgia shares get published in 2018! Please continue to encourage your home group to purchase *The Forum* subscription if it hasn't yet. For only \$11 a year, it is a wonderful CAL tool. My home group circulates our copy when it arrives for anyone to take home to read and then bring back. Older copies we then give to newcomers to keep.

It has been my honor to serve as your Alternate Delegate this panel and to get to meet so many of you at Assembly. Words can't fully express how much this service has helped me in my personal recovery from the family disease of alcoholism. I have learned so much about communication, friendship, love, *Let Go and Let God*, and trust in my Higher Power. I am so grateful for these gifts and know they will be invaluable to me as I get to practice them and develop other skills in my new role as your Delegate for Panel 59. I'm so looking forward to sharing this experience with you, growing established friendships and developing new ones as together we grow Georgia Al-Anon!

With much love and gratitude in service,  
Barbara T.; Alternate Delegate



## **Area Chairperson's Report**

It is still difficult to believe that Panel 56 has completed their work. For me, it feels like I'm being put out to pasture for there was no other position for which to stand.

I want to thank my fellow board officers, Renelle, Barbara, Kathy W, Char and Katherine for a job well done and for a smooth efficient term. I enjoyed serving beside you. Let me say thanks to all AWSC members and to Connor and to Linda G, who faithfully served. You helped make my job easier.

Assembly members, thank YOU for your dedicated service in coming to Macon 3 times a year to represent your group. Our Assembly meetings usually flowed smoothly and you were a big part of that.

I'm mostly grateful to the Lord for giving me the opportunity to serve at the state level for the last 12 years in 4 different positions. It has been a true joy and a blessing. I have grown so much and I'm humbled by the opportunity to have served.

With love,  
Cathy O  
Outgoing Area Chairman, Panel 56

## **GACS Chairperson's Report**

Greetings from your Outgoing GACS Chair!

There are so many ways that I want to thank members of GA Area 11 for the trust and support you've given me this past term. My experience serving Al-Anon over the years is best described in my favorite sentences from "When I got busy I got better" page 2: *"Service and recovery, then, are not independent of each other. Both are part of the spiritual awakening that continues to guide us."* For me, this speaks to more than just a service "position." It is asking me to consider what I'm learning about myself WHILE I'm serving.

Once again, this has been true while serving as your GA Al-Anon Central Services Office Chair. There were times I was unsure, felt I didn't know what to do, not doing something "right" but because of the love, encouragement and support from the Committee members, Area Officers and all of you, I was often able to feel the feelings, be uncomfortable, take my own inventory and grow. For me, this is one of the greatest gifts of service: recovery in action! As I move into a new *service and recovery* position as your incoming Alternate Delegate, I'm anticipating greater levels of recovery, growth and...service to this wonderful Area and Fellowship.

Thanks for the opportunity to grow and serve!  
Char F.



## **Area Treasurer's Report**

Hello my Al-Anon Family ~

What to write on my last newsletter. To say I am grateful for this opportunity and the gifts it has afforded me over the past 3 years is an understatement. I found out that there were many reasons for me to take this journey. My personal recovery has grown in so many ways. Doubt became confidence, my way of thinking became acknowledging and considering other ideas and finally learning to use the word "no" correctly are just a few changes I have made. It seems like just a few short months ago that I stood for Area Treasurer. I have made so many new friendships that will last a lifetime.

Now my time is coming to an end, but it will be exciting watching the new officers, liaisons and coordinators, DR's and GR's as they start their new journey for Area 11 with Panel 59. I know they will continue to carry the message that Area 11 is doing reaching out to all that deal with the effects of alcohol and alcoholism in their families. I urge everyone to remember to be generous when contributing to Area 11. Help them continue getting the message out to all in our Area that would benefit from Al-Anon. It is through us, one day at a time that the message continues and grows.

I would like to remind the former Panel 56 that all receipts for any reimbursements need to be turned in by December 10<sup>th</sup>, 2018. I will send out a final email on this to remind everyone.

So, I'll close with this- look for me from time to time in the back of the room. My name tag will say GUEST but I will always be connected to the Area and the time I was given the opportunity to serve.

A gentle reminder, all contributions can be mailed to:

AFG of GA, Inc  
PO Box 7644  
Macon, GA, 31209

Please include your Group  
Name, District # and WSO  
#

Love in Service,  
Katherine N.  
Area Treasurer Panel 56



*Want to stay in the loop with WSC? Then check out this link...The link is*

[https://al-anon.org/news-from-the-wsc.](https://al-anon.org/news-from-the-wsc)

Once there click on the link *STAY "IN THE LOOP"*.

## **Coordinator Reports**

### **AAPP Coordinator**

We have a total of 61 certified AMIAS in Georgia Area 11 as of November 12, 2018. There are two pending AMIAS applicants who need only the online Georgia Mandated Reporter training, so they may become certified before the end of the year. Another applicant has only the AMIAS training to complete in order to gain certification. Furthermore, there are four recent applicants who are just starting the certification process, including some new Area coordinators. Since all Area board members and coordinators must be certified as AMIAS's in Georgia there may be more applicants in the near future.

Alan D., Area 11 AAPP for Panel 56



## **Literature Coordinator's Report**

So the weather's about to go sub-freezing on most of us, but I'm burning up to tell you about Al-Anon Literature "stuff". Cold - Check, Rainy - Check, Dark - Check, Dreary - Check. But the sun is always shining in the Literature Room at Assembly so bring your lotion, towel, flip flops, Speedo (wear the Speedo please) and shades with you in January to Assembly in Macon. There might even be some beach music.

Now that the serious stuff is out of the way, I can turn to the fun stuff. **WARNING: SUBLIMINAL MESSAGE TO FOLLOW.**

**YOU WILL BUY CONFERENCE APPROVED AL-ANON LITERATURE AT ASSEMBLY. YOU DID NOT JUST READ THIS, BUT YOU WILL REMEMBER IT AND WILL BUY LITERATURE AT ASSEMBLY. Don't make me come looking for you.**

At our September Assembly ( you remember, the Alateen Spaghetti one), the Literature Room sold approximately \$2500 in literature. This is in addition to all the literature that was pre-ordered, delivered, and paid for at Assembly. Thank you, thank you.

When you come to the Literature Room, you'll have an opportunity to meet Angie, our new Public Outreach Coordinator. I'm sure you'll get her hard sell and soft sell on the wonderful world of Public Outreach as she steps in the shoes of Debi S., our outgoing Public Outreach Coordinator. Let's start the new year off right with a Public Outreach project for your group and district.

Looking ahead, Georgia Area Central Services (GACS), our Literature Distribution Center (LDC) for Assembly, asks that DRs and GRs remind their groups to timely submit literature pre-orders to be paid for and picked up during Assembly weekend. Please submit orders by the Friday **before** the week of Assembly. Doing so increases the likelihood that your order can be filled in time as well as more completely. It helps me insure that I have enough literature on hand so as not to run out at Assembly. It also cuts down on lines, time in lines, and frowny faces.

There will be plenty of the new 2018-2021 Service Manual (P24-27), available for only \$5. Pamphlet P-24, Groups at Work, is the first 79 or so pages of the full Service Manual. It's a fabulous resource for only \$1. My group has chosen to give one to each member.

"Understanding and Hope for Parents and Grandparents" (Pamphlet P-94) was released at World Service Conference last April. It is available for \$.75.

Our newest book, Intimacy in Alcoholic Relationships, B-33, was released at the Al-Anon International Convention in Baltimore in July. It is a 144 page book on all forms of intimacy in relationships, available for \$11. Sales have been so successful (35,000 copies since July) that it is currently on back-order at WSO, but we hope to have adequate supplies by Assembly.

The 50th Anniversary One Day at A Time (ODAT) daily reader, B-6-50 was also released at the International Convention. It is available for \$15, but supplies are limited. It was a one-time printing, so when the current supply is exhausted your opportunity to have one will be gone. Hint: Buy one while you can.

It is not too late to order the second printing of 2019 Al-Anon Faces Alcoholism directly from WSO for your public outreach projects. These are to be shipped in April 2019. There are significant volume discounts available. Some districts purchase copies for their groups, others consolidate group orders to gain the volume discounts. Check with your District Representative. Or, your group could just go out on a limb and commit to do a big enough service project to get you into the world of volume discounts. More info on pricing and availability can be found on the WSO website.

The "Just for Tonight" bookmark, which was given conceptual approval by the 2018 WSC is now ready for design and translation. No date for publication has been set. THE FORUM BOOK (working title) project has received 813 suggestions for favorite articles to include. Members are still encouraged to submit suggestions from 2016, 2017, and 2018 Forums. See the WSO website for more info.

The WSO has received over 1400 sharings for the NEW DAILY READER (working title) and still needs sharings specifically on the Legacies. Sharings on the Steps, Traditions, Concepts, and Warranties are still encouraged. See the WSO website for more info.

Members are encouraged to submit sharings for "CAL Corner" on how they use the pamphlets "To the Parents of Alcoholics" (P-16) and "Hope and Understanding for Parents and Grandparents" (P-94). Sharings are also being sought on "Understanding Ourselves and Alcoholism" (P-48), "Opening Our Hearts, Transforming Our Losses" (B-27) and "Intimacy in Alcoholic Relationships" (B-33). See the WSO website for for info

My three year term as Literature Coordinator for Panel 56 has concluded. However, I have agreed to participate in the January Assembly. That's a good thing as I get a lot of jollies out of doing this, getting back more than I give, On the other hand, it's not such a good thing because it means that no one has stepped forward as my replacement for the new panel.

C'mon folks, help me out here. Uncle Phil (that's me) Wants You (that's you). This ain't exactly rocket science. You can do this. People are available to help. I can whisper in your ear. Talk to your Sponsor. Talk to me. Talk to Barbara T., our new Delegate. Remember, God doesn't choose the qualified; God qualifies the chosen.

Philip A.  
Literature Coordinator, Panel 56



## **Newsletter Coordinator**

This is the final newsletter for Panel 56. Thank you to all of the Panel 56 Officers, Coordinators, District Representatives and past Delegates/Trustees who sent in articles for this final edition of Georgia On Track. As always, the newsletter is posted on the Area website and distributed through the Panel 56 links of service. Panel 56 DRs may be passing the newsletter on to the new Panel 59 DRs to help with distribution. Moving forward, the newsletter will be the responsibility for Panel 59. At the present time, no one has volunteered to fill the Newsletter Coordinator position, so I encourage the new DRs to reach out to your GRs to ask if there is someone interested in filling this position. As the Newsletter Coordinator, I have had the privilege of reaching out to all the Officers, Coordinators, Liaisons, District Representatives, and Past Delegates/Trustees three times a year to ask for help in creating a newsletter that shares area news about public outreach, anniversaries, Alateens, conventions, new meetings, literature, service successes, challenges, and inspiration. For me it has brought unfamiliar parts of the Area to life. I have made friends throughout the state and been encouraged by stories of service experience and growth. The articles shared in the past three years have demonstrated that in Al-Anon there is no standing still.

With gratitude,  
Anne M., Panel 56 Newsletter Coordinator

## **Public Outreach Coordinator**

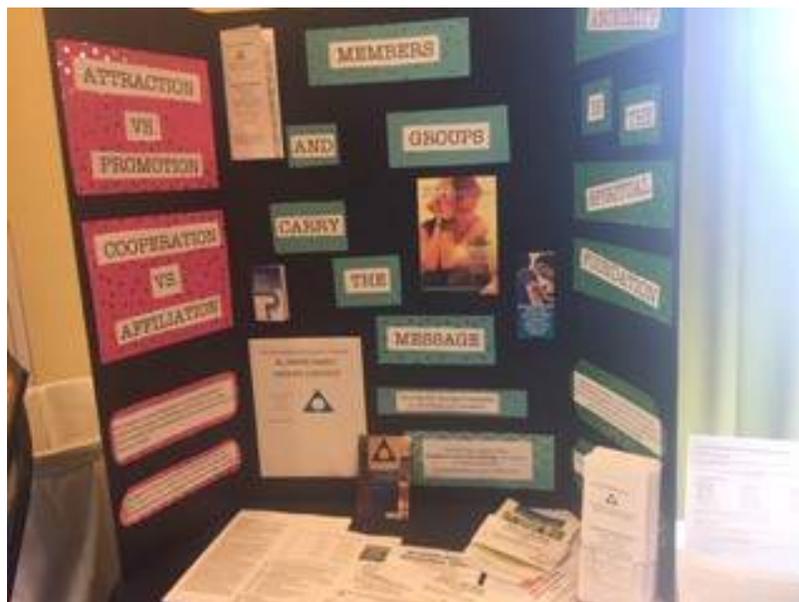
Greetings Area 11! Preparing to write this article gave me an opportunity to reflect on my term as PO Coordinator. I have so much gratitude for Renelle (for asking me to fill this position that opened unexpectedly), for all the Area 11 members who were willing to share their ES&H with me about service at the Area level as well as Public Outreach, and for my service sponsor who willingly took my phone calls and spent time in person talking through choices, successes, dilemmas, frustrations, and more! Her encouragement has been invaluable.

Part of my reflection led me to read my first Georgia On Track submission. The newly formed Panel 56 PO Committee had gotten off to a start - BIG THANKS to Kathy S., Noah S., and Martha B. The basic principles we wanted to keep in mind served us well, and will continue to work for us. Here is a reminder from what I submitted:

“The Area PO Committee is up and running with a couple of conference calls under our belts. We have shared our ES&H, inspired each other, and kicked up our individual enthusiasm and passion with each call. We’ve agreed on a few basic principles we want to keep in mind related to PO and encouraging others to participate: 1) Keep it Simple; 2) Encourage members to “Start Where They Are” as far as their readiness for Outreach activities; and 3) HAVE FUN! “



## **Public Outreach Coordinator (continued)**



My mantra became “This is a WE program and Public Outreach is all about **WE** doing what **I** can’t!” It has worked well so I think I’ll keep it. I hope that you, too have found your “WEs” that you can call on to bring our message of hope.

Here are some recent Area activities:

District 3 participated in Recovery Day in Swainsboro where Kathy, Kristen, and Melvin handed out lots of pamphlets and have heard directly from a couple of individuals since then.

Angie and Jill in District 10 presented to several health classes at

Stone Mountain Middle School and hope to come back on an ongoing basis.

District 2 used the Area Outreach Banner and table runner at the A. A. Prepaid in Athens to help bring awareness to families.

Several Districts had opportunities at National Recovery Month events and I’m hoping to read about them in this issue.

Angie L. and I have spent time together preparing for her term as the incoming Area 11 PO Coordinator and I hope that you will all come to know and love her as I have. We shared a wonderful day of outreach at the Boy Scouts Youth Protection Seminar where we met many community providers and shared a lot of pamphlets and AFA’s. Her enthusiasm, love of sharing our program and experience make this transition so much easier for me. It’s also reassuring that I know that members and groups are responsible for growing our program, so I will always have opportunities for Outreach!

With love & gratitude,  
Debi S.



## **Web Coordinator**

As I reflect on the last three years serving on the Coordinator's panel, "standing in the gap" keeps coming to mind.

A lot happened this term on the website. I stood in the gap when there was no one willing to fill Patrick's shoes and I made a great new friend. Then I totally lost my Internet 😊 and I made a great new friend when Mike stepped up to serve. Then Mike was unable to serve and I was asked to stand in the gap again until hurricane Michael took away my Internet, my electricity, my water, the trees in my yard, and wrecked havoc in my area. We will be recovering from that for a long time. Because of the lack of power and dealing with the physical and emotional aftermath of the storm, our new web coordinator for the next panel agreed to step in and take over a few months early. Once again I was able to stand in the gap until Gale was ready. And once again, I have made a new friend.

Hopefully moving forward, it will be a little less intimidating for us to serve as web coordinator since we now have the "safety net" of a web provider who does all the techie stuff for us. It has been an awesome opportunity to get to serve the Area and make new friends. I thank you for the opportunity to serve and all your prayers as my district continues to recover from the storm.

As a sort of update, I am still without power at my well. We still have a member of our group without power to her house but her daughter lives next door to her and does have power. Trees are down everywhere but we are all ok. We are learning what is really important. We are learning to slow down. We are learning that people are what is important. We are learning that good outweighs bad! We are learning that God hears the prayers of his people.

Love to you all as we stand in the gap. Thank you for your service to Al-Anon and the opportunity you give me to serve you. Love to you all as we move forward to new storms and bright sunny days! We are ok!!!

Alecia



## Service Corner

### **From a Past Trustee and Member of the Executive Co**

Thank you!!!!

Thanks to all the DR's, coordinators and officers of Panel 56. You did a great job!  
Thanks to the Panel 59 DR's and officers who were willing to stand for these positions. Thanks to the new Coordinators who were willing to say 'Yes' when our new Delegate asked. I look forward to working with you.

JP

WSO Executive Committee

### **From a Past Trustee and TN Delegate Panel 37**

**SERVICE IS:** faith, hope and love, which will never disappoint you, your fellow members or your Higher Power;

**Service is:** the greatest possible happiness to be gained in life;

**Service is:** placing yourself in the hands of your Higher Power to be used as His instrument;

**Service is:** trying to help someone who is hurting like you used to do;

**Service is:** a smile, a kind thought, an open mind, an understanding ear, setting an example;

**Service is:** the 12th step:

**Service is:** focusing on yourself and the Program;

**Service is:** making coffee, cleaning up, greeting newcomers;

**Service is:** chairing a meeting, being a trusted servant;

**Service is:** stretching my work and broadening my perspective;

**Service is:** fellowship with a focus;

**Service is:** gratitude in action;

**Service is:** FUN.

Lyn D., District 1

## District Reports

### District Four

Hello all!

It has been a privilege to serve as District 4 Representative. I am always humbled by the opportunity to be a trusted servant. Thank you to all of the GR's who served our District. Thank you for your love, patience, and support throughout this term.

Every position that I have ever served in has had its own unique challenges and rewards, mainly because I bring myself with me to every position. Most of the gifts that I received from serving this position came at the very end. I had the opportunity to learn a lot about myself, such as how I still wanted people to think and behave the way that I wanted them to. When they didn't, I would shut down and shut them out, ultimately becoming closed minded. I cannot express the gratitude that I have for my HP revealing this to me. Once I became aware of this behavior, it allowed me to spend some time processing, praying, and accepting these things about myself. I didn't need to change them, just accept myself exactly as I was. Then, I could begin to take action to change my behavior, guided by my HP.

It has become a daily practice for me to accept myself, people, places, and things just exactly as they are. I don't have to judge any of these, just accept them. Do I still want things to be different sometimes? Of course! However, acceptance gives me a more clear perspective of what I can change. Me. And, I am not even capable of doing that without the help and guidance of my HP. My part is to turn it all over to HP, then take the steps that unfold before me.

This is a small piece of my personal growth through this service opportunity. Thank you for allowing me to serve and share!

Gratitude and love in service,  
Jenny B. Outgoing District 4 Representative



## **District Six**

District 6 includes 16 far-flung counties in southeast Georgia. We are geographically large but comparatively small in the number of groups that actively participate on district and area levels. Distance, age, burnout, and health restrictions present ongoing challenges as we seek trusted servants willing to represent our members. Despite these realities, District 6 is working to unify and strengthen our groups. At our November meeting, district officers were elected, a spring 2019 Al-Anon Day was planned, and public outreach to local hospitals, treatment centers and social service agencies was discussed. We will continue to expand communication among our groups and in our larger community over the coming year, sharing our experience, strength, and hope with guidance from our Higher Power.

Thea J., District 6 Representative

## **District Ten**

I cannot believe that our three years are coming to an end, I have loved being the DR of District 10. We have come such a long way in such a short period of time. We just had our final District Meeting of this panel yesterday and it was incredible! We had 17 people attend which is a first! We have had good attendance and participation at all of our meetings but this one was even greater. We used the time to remember and celebrate all that we have accomplished as well as discuss some of our hopes for the future. We also elected our new District officers, all but one anyway but I am pretty sure that we will get that one filled as well very soon. During this panel we got Newton County moved into our district, we opened a new group in Newton County that has been very successful, we held a district event that was very successful and hosted the 2018 Convention that was also very successful even though the planning process began less than a year before the actual convention, and we have started a very active Public Outreach group. We have gotten many members active in service that never have been involved in the past. I personally have grown a lot myself as well. I can barely recognize myself compared to pre Al-Anon. I am not nearly as afraid of people as before, I still don't care to do it but I do get up in front of large groups of people. I would never have done that before. To be honest I am still only able to do that in Al-Anon because it is a very safe and loving environment. Service in Al-Anon is like nowhere else, there are always people there to help and encourage you and they are also not judgmental.

Donna M.  
District 10

## **District Seventeen**

Monday Night Believers AFG celebrated the group's 29th anniversary this year! The Group Conscience decision was to honor the milestone with a regular discussion meeting. We were grateful that our Area Delegate, Renelle M., was able to join us to lead our discussion, using some of the newest CAL. Renelle, also, made world wide Al-Anon very real for us, sharing with the group some of her personal delegate service experience, including her work on Literature Committees.

## **District Eighteen**

As my service ends as District 18 District Rep, I want to once again say what a wonderful District we have here in NE Georgia. I believe we have the greatest number of Family Groups in Area 11/Georgia, and also greatest number of Group Reps. Our District has always been great at supporting Assembly with our attendance and representation, although for many of us we have a 3+ hour drive each way. Our District meetings have always been well attended and we've had an enthusiastic group of participants. Mountain Miracles in the Spring has always been well attended and is the highlight of our District's year. As I step back into a more local role here in Toccoa, I am excited about Panel 59 and our District's participation. We have voted in a great service team!

Thank you for all your trust and support the last 3 years.  
Illa M., Outgoing District 18 Rep

And from our Public Outreach Team:

Fall is a busy time for Public Outreach in District 18! Members hosted a table at the Hall County Family Forum, the Dawson County Recovery Expo, and the Forsyth County Teen Intercept Program, as well as Pinecrest Academy's "Living in the Triangle Forum". We provided CAL for the new Forsyth County Recovery Center, The Connection, which welcomes all those seeking or in recovery. Several members participated in the Forsyth County "Rebuild Your Family" workshop where we presented an overview of our program. We host a weekly meeting at Mt. Sinai Wellness as well as continuing our monthly family introduction meeting there and at Blue Ridge Mountain Treatment Center, which is always so rewarding and has resulted in several new members attending our meetings. We emailed all school counselors in middle and high schools in south Forsyth and north Fulton counties to educate about our Cumming Alateen meeting. We mailed a variety of literature along with AFA's to a number of therapists, and received a thank you call and request for more information about meetings and Alateen!

We've enjoyed and grown from our term as "Co-Coordinator" for Public Outreach in District 18 and encourage you to ask for help and/or partner with another member if you feel a service position in your District is too overwhelming. We look forward to supporting and working with the incoming "Co-Coordinator" Vicki B. and Angela I.

With gratitude, Lou Ann and Deb

## **District Nineteen**

How to sum up my 3 years of service? Wow! I feel like I'm valedictorian & writing the commencement speech in High School. I have grown exponentially in ways I never imagined. I was nudged by my HP to jump into things that I never would have 3 years ago. The friendships that I have forged and solidified will last for a lifetime. The support I received when I decided to take on the bid for the International Convention, the belief in my leadership abilities was overwhelming and the understanding when I had to withdraw from the bid awe-inspiring, especially since I was disappointed in having to abandon the idea so close to its completion.

I never saw myself as a leader or someone people could look up to much less inspire. I was able to see the Traditions and Concepts in action and get a better understanding of how to practice them outside of the program. I was allowed to be a minority opinion and it was okay. I was able to continue to keep an open mind and believe that my HP was in every decision. I had to trust that change was okay and any decision that was made was not permanent or done with malicious intent.

Thank you accepting me for me and helping me to grow.  
Robyn P., District 19 DR, Panel 56

## **District Twenty-One**

What a journey this has been in my service as District Representative on Panel 56 for Area 11 District 21. I can't tell you how many times I was reminded, sometimes gently and sometimes not so gently, that I wasn't as "well" as I thought I was. I heard it said by a speaker several years ago that service helps you check in with your recovery. Although some areas are much better, a few of those old character defects; control, perfection, unrealistic expectations for example, reared their ugly head at times I least expected them. But, this time I had my sponsors and my Al-Anon tools to help me through. I can honestly say that my Al-Anon program is stronger because I was willing to be of service. It was a pleasure to work with all the wonderful folks on this Panel and I almost hate to see it end. However, I am excited to turn this over to the newly elected Panel 59 and know that the District 21 as well as Area 11 is in wonderful capable hands thanks to our ever present Higher Power.

Although District 21 struggled, as many seem to have, getting participation at the District meeting our District is healthy and carrying the message to others the best we can. I visited most of the meetings during the past 3 years. There were issues in some groups that were resolved using the tools of the program, and some that are still being worked on. It still gives me those goose bumps to see how our collective higher powers work in our groups to keep them strong for all.

Best wishes for a wonderful upcoming Holiday season from District 21.

Submitted in Gratitude,

Lucille S. Outgoing DR/District 21

## Dates to Remember

December 1, 2018	MAIS 50th Anniversary Dinner St. Martin's In the Field Episcopal Church Atlanta, GA
December 8, 2018	District 16 Workshop St. Paul's Episcopal Church, Newnan, GA
January 19-20, 2019	Area Assembly Marriott City Center, Macon, GA
February 15-17, 2019	Pine Isle Fellowship Family Recovery Weekend, Legacy Lodge and Conference Center, Lake Lanier Islands, GA
April 20, 2019	Area World Service Conference Centenary United Methodist Church Macon, GA
May 18-19, 2019	Area Assembly, Marriott City Center, Macon, GA
August 8-11, 2019	41st Georgia Al-Anon/Alateen Convention Marriott Evergreen Resort, Stone Mountain, Georgia
August 17, 2019	Area World Service Conference Centenary United Methodist Church Macon, GA
September 21-22, 2019	Area Assembly Marriott City Center, Macon, GA
November 16, 2019	Area World Service Conference Centenary United Methodist Church Macon, GA

Call the Marriott for Area Assembly reservations:

1-800-228-9290 or 1-478-621-5300

OR Call Candlewood Suites:

1-478-254-3530

# MAIS\*

*Carrying the twelfth step  
message to others  
for 50 years*

*Celebrating*  
**THE  
BIG  
"5-0"**

**ANNIVERSARY  
DINNER**  
SATURDAY  
DECEMBER 1, 2018

*Bring Food!*

A-E Appetizers  
F-L Entrees  
M-R Side Dishes  
S-Z Fruit or Salad  
Drinks & Desserts  
provided by MAIS



## *Getting there*

St. Martin in the Fields Episcopal Church  
3110 Ashford Dunwoody Rd, Atlanta, GA 30319

## *Schedule*

5:30 Registration  
6:00 Potluck  
6:30 Raffle  
7:00 Alateen Speaker &  
Storytelling: celebrating 50 years of MAIS volunteers

## *Raffle*

50th anniversary editions of "One Day at a Time"  
Registration to 2019 Alateen Conference  
*Please make baskets and send donations for  
Forum subscriptions and CAL to raffle.*

  
*Share your story!*  
We need stories about MAIS service.  
*Please send yours to the email below.*

*Learn more*

anniversaryatl@gmail.com  
Co-Chairs: Vicki L. and Dixie P.

\* METRO ATLANTA AL-ANON/ALATEEN INFORMATION SERVICE



# SAT. DEC 8<sup>TH</sup>

## THE 3 C'S

**\*BRING A SMALL COVERED DISH/DESSERT\***  
FRIED CHICKEN WILL BE PROVIDED

### **Skit- Performed by (Tranquility AFG LaGrange)**

The Tranquility AFG from LaGrange will be performing a 30 minute skit on the 3 C's.

### **Speaker- Peter (Lunch Bunch AFG)**

Peter from Lunch Bunch AFG will be sharing his experience, strength, and hope for the last 30 minutes of the meeting.



10:00 - 11:00

Check-in

11:00 -11:30

Skit

11:30 - 12:00

Speaker

12:00 – 1:00

Lunch and Auction

1:00 – until

Business Meeting

**ST. PAUL'S EPISCOPAL  
CHURCH**

576 Roscoe Road  
Newnan, GA 30263

# ***Pine Isle Fellowship***



## ***Family Recovery Weekend***

***District 9 Presents:***

***The 40th Annual Al-Anon Pine Isle Fellowship Conference  
with AA and Alateen Participation***

# ***February 15-17, 2019***

THEME: 'Willingness the Key to Freedom'

***Legacy Lodge and Conference Center – \$149*** thru February 1st  
7000 Holiday Road  
Lake Lanier Islands, GA 30518  
770-945-8787

### ***Speakers:***

Barron R. Roswell, GA  
Dick A. Atlanta, GA  
Alateen  
Barbara A. Atlanta, GA  
Beverly B. Lewisville, TX

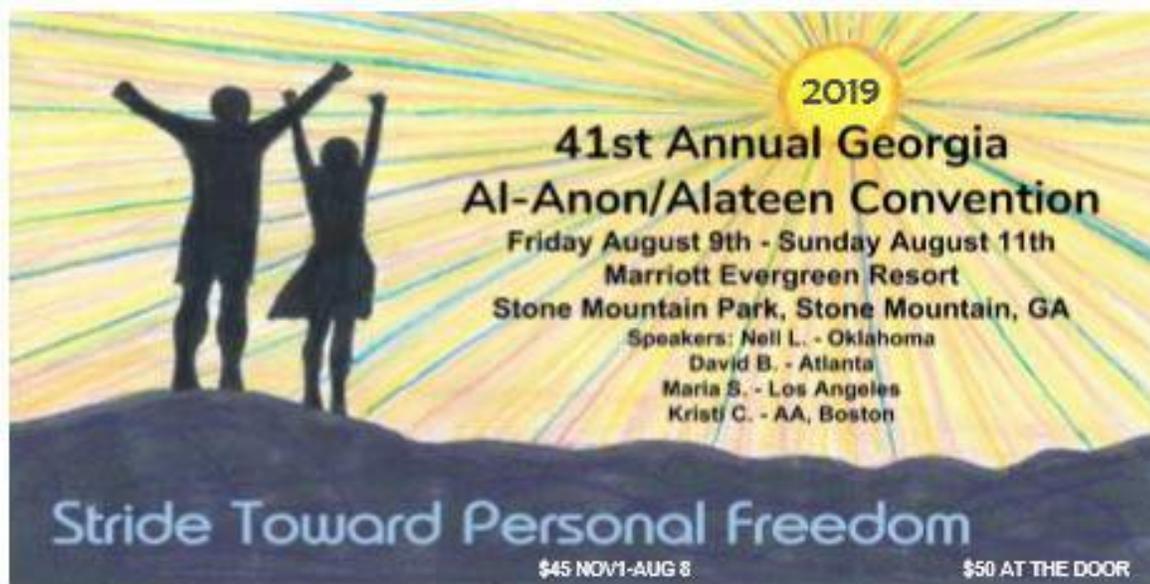
Register now online at <http://www.pineislefellowship.org>

***Registration rate \$30 thru February 11***

*Registration \$40 starting February 11*

*Only \$1.00 for Alateen*

***Saturday Fellowship Dinner \$30 (Limited Space)***



questions? - email [ga.2019convention@gmail.com](mailto:ga.2019convention@gmail.com)

*Note - Entrance into Stone Mountain Park is \$20 per day per car - if you do not have a gate pass please plan accordingly - ride share saves money.*

Alateens attending without a parent or legal guardian must be accompanied by a certified Al-Anon Member Involved in Alateen Service (AMIAS). The Georgia Alateen Permission/Educational Form (available at [www.ga-al-anon.org](http://www.ga-al-anon.org)) signed by parent or legal guardian must be provided to the AMIAS prior to attending. The AMIAS must present the completed form at the registration desk and sign for Alateen materials. No Registration Fee for Alateens

fees are non-refundable and non-transferable

<http://www.ga-al-anon.org/events/>

### Hotel INFO

A room block is reserved with a special rate of \$120 +taxes per night. Call hotel directly to make reservations and indicate you are with GA AFG—rooms are limited—reserve today.

**770-879-9900**

NAME \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email: \_\_\_\_\_

Phone \_\_\_\_\_

Badge Name \_\_\_\_\_

Please Check One:  Al-Anon  AA

Alateen  Other

I would love to be of service at the Convention

YES

Amount Enclosed (circle fee that applies)

Registration \$45 November 1- August 8

Checks payable to: AFG of Georgia, Inc.

Mail check and Form to: PO BOX 870902, STONE MTN, GA 30087

Visit us on the web at <http://www.ga-al-anon.org/events/>

questions? - email [ga.2019convention@gmail.com](mailto:ga.2019convention@gmail.com)