


# Calling All Al-Anon and Alateen Members Referred to Al-Anon by a Professional!

**Note:** For possible publication in the September 2004 edition, please submit to the WSO by March 1, 2004!

## Share How a Professional Referred You to Al-Anon

If your experience includes a professional who referred you to Al-Anon/Alateen, would you write a sharing for *The Forum*? Professional referrals include, but are not limited to: therapist/counselor/psychiatrist/psychologist; treatment facility; medical doctor/nurse/dentist/chiropractor; clergy; employer/EAP; teacher/guidance or career counselor; correctional facility/judge/lawyer; and social worker.




### Here are some guidelines for writing for *The Forum*:

- Share an experience from the heart with the focus on yourself, not the alcoholic or others.
- Relate a personal experience based on a professional referring you to Al-Anon.
- Use the first person (I, me, we, us). True personal sharings do not give direction; they express your own experience, strength, and hope. Please avoid using the pronoun "you."
- Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine. Al-Anon members in other Twelve Step programs, including Alcoholics Anonymous, are asked to write only of their experience in the Al-Anon program.
- Kindly observe Al-Anon's Twelve Traditions when sharing.

Note: Most articles are one or two pages of 400 words each.

Please send sharings to:

Al-Anon Family Groups, Inc.  
Attention: Fellowship Communication  
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Fax: (757) 563-1655, e-mail: [wso@al-anon.org](mailto:wso@al-anon.org)



All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen material.